

Volkslauf 10 Meilen, Frauen

| Lauf | M/W | Platz | Start-Nr. | Name                              | Verein/Ort                | Zeit Brutto | Zeit Netto | Platz AK | AK  |
|------|-----|-------|-----------|-----------------------------------|---------------------------|-------------|------------|----------|-----|
| 4    | W   | 1     | 3670      | Köhne, Manuela                    | VfL Kloster Oesede        | 1:06:47     | 1:06:44    | 1        | W40 |
| 4    | W   | 2     | 3530      | Karsch, Jutta                     | SC Herringhausen          | 1:08:14     | 1:08:13    | 2        | W40 |
| 4    | W   | 3     | 3511      | Renner, Gudrun                    | TUS 08 Bilstein           | 1:14:32     | 1:14:21    | 1        | W45 |
| 4    | W   | 4     | 3695      | Dopheide, Valentina               | Harsewinkel               | 1:16:24     | 1:16:19    | 1        | WHK |
| 4    | W   | 5     | 3626      | Bleumer, Marie-Luise              | TUS Gildehaus             | 1:18:21     | 1:18:08    | 3        | W40 |
| 4    | W   | 6     | 3874      | Masch, Hedwig                     | Hörstel                   | 1:18:49     | 1:18:43    | 2        | W45 |
| 4    | W   | 7     | 3942      | Schlüter, Heike                   | Living's-Laktatexpress    | 1:20:34     | 1:20:04    | 1        | W30 |
| 4    | W   | 8     | 3941      | Herbermann, Yvonne                | Living's-Laktatexpress    | 1:20:34     | 1:20:05    | 4        | W40 |
| 4    | W   | 9     | 3755      | Calder, Anne-Marie                | LC Solbad Ravensberg      | 1:20:30     | 1:20:16    | 3        | W45 |
| 4    | W   | 10    | 3541      | Harms, Steffanie                  | TSVE 1890 Bielefeld       | 1:20:32     | 1:20:30    | 1        | W35 |
| 4    | W   | 11    | 3865      | Bunte, Anne-Kathrin               |                           | 1:20:58     | 1:20:44    | 2        | WHK |
| 4    | W   | 12    | 3548      | Wegmann, Aloysia                  | SC Altenrheine            | 1:22:24     | 1:21:56    | 4        | W45 |
| 4    | W   | 13    | 1655      | Grothe, Kathrin                   | SV Mieste                 | 1:23:00     | 1:22:36    | 2        | W30 |
| 4    | W   | 14    | 3587      | Herweg, Ulla                      | VfL Sassenberg            | 1:24:04     | 1:23:43    | 5        | W45 |
| 4    | W   | 15    | 3747      | Jung, Dorothee                    | Hochschulsport Münster    | 1:24:03     | 1:23:44    | 3        | WHK |
| 4    | W   | 16    | 3549      | König, Ingrid                     | SC Altenrheine            | 1:24:14     | 1:23:45    | 5        | W40 |
| 4    | W   | 17    | 3834      | Ehring, Ina                       | SV Brackwede              | 1:24:17     | 1:23:51    | 2        | W35 |
| 4    | W   | 18    | 3816      | Vogt, Melanie                     | Lengerich                 | 1:24:02     | 1:23:54    | 3        | W30 |
| 4    | W   | 19    | 3512      | Epe, Cornelia                     | TUS 08 Bilstein           | 1:24:33     | 1:24:07    | 6        | W40 |
| 4    | W   | 20    | 3758      | Wickmann, Christine               | Sc melle                  | 1:24:27     | 1:24:11    | 7        | W40 |
| 4    | W   | 21    | 3568      | Gerner, Kathleen                  | Lg musenberg              | 1:25:42     | 1:25:26    | 4        | W30 |
| 4    | W   | 22    | 188       | Bentkämper, Katharina             | Bielefeld                 | 1:25:41     | 1:25:32    | 1        | WJA |
| 4    | W   | 23    | 3559      | Monkenbusch-Grimmelsmann, Annette | WTV Wiedenbrück           | 1:26:05     | 1:25:56    | 1        | W50 |
| 4    | W   | 24    | 3715      | Schröder, Andrea                  | TUS Quelle                | 1:26:34     | 1:26:08    | 3        | W35 |
| 4    | W   | 25    | 3717      | Mangelsdorf, Heike                | Marburg                   | 1:26:36     | 1:26:23    | 8        | W40 |
| 4    | W   | 26    | 3844      | Krüger-Rogge, Frauke              |                           | 1:27:15     | 1:26:39    | 5        | W30 |
| 4    | W   | 27    | 3749      | Kettmann, Angelika                | Gütersloh                 | 1:27:24     | 1:27:01    | 4        | W35 |
| 4    | W   | 28    | 3752      | Schlichting, Alexandra            | Bielefeld                 | 1:27:57     | 1:27:22    | 4        | WHK |
| 4    | W   | 29    | 3649      | Kramer, Sylvia                    | Hannover                  | 1:27:45     | 1:27:34    | 6        | W45 |
| 4    | W   | 30    | 3653      | Weixelbaum, Ortrud                | Hannover                  | 1:27:46     | 1:27:34    | 2        | W50 |
| 4    | W   | 31    | 3769      | Meiners, Anneke                   | Hochschulsport Münster    | 1:29:11     | 1:28:52    | 5        | WHK |
| 4    | W   | 32    | 3655      | Redmann, Hildegard                | TuS Gildehaus             | 1:29:28     | 1:29:14    | 1        | W55 |
| 4    | W   | 33    | 3506      | Haase, Anita                      | Radbod Runners            | 1:29:44     | 1:29:27    | 3        | W50 |
| 4    | W   | 34    | 3600      | Pohlmann, Claudia                 | Halle (Westf.)            | 1:29:53     | 1:29:46    | 5        | W35 |
| 4    | W   | 35    | 3561      | Marcus, Ricarda                   | RTB Remscheid Marathon    | 1:30:32     | 1:30:02    | 7        | W45 |
| 4    | W   | 36    | 3784      | Holloh, Kristina                  | Hochschulsport Münster    | 1:31:22     | 1:31:03    | 6        | WHK |
| 4    | W   | 37    | 3572      | Rosenski, Gertrud                 | TuS Gildehaus             | 1:31:39     | 1:31:11    | 1        | W60 |
| 4    | W   | 38    | 3676      | Egbers, Petra                     | Lauftreff Gildehaus       | 1:31:52     | 1:31:27    | 9        | W40 |
| 4    | W   | 39    | 3738      | Bekefeld, Maren                   | TuS Jöllenbeck            | 1:32:26     | 1:32:17    | 6        | W35 |
| 4    | W   | 40    | 3628      | Meyer, Regina                     | Enger                     | 1:32:55     | 1:32:41    | 10       | W40 |
| 4    | W   | 41    | 3768      | Schlutt, Birgit                   | Hochschulsport Münster    | 1:33:13     | 1:32:54    | 7        | WHK |
| 4    | W   | 42    | 3808      | Rahmlow, Sabiene                  | Bielefeld                 | 1:33:24     | 1:33:00    | 6        | W30 |
| 4    | W   | 43    | 3839      | Akermann, Beatrice                | LC Solbad Ravensberg      | 1:34:13     | 1:34:03    | 11       | W40 |
| 4    | W   | 44    | 3536      | Thunhorst, Martina                | SC Herringhausen          | 1:34:23     | 1:34:06    | 12       | W40 |
| 4    | W   | 45    | 3678      | Kurzepa, Ingrid                   | LT-Bittermark Dortmund    | 1:34:55     | 1:34:25    | 13       | W40 |
| 4    | W   | 46    | 3578      | Linker, Sabine                    | Borgholzhausen            | 1:35:10     | 1:34:45    | 14       | W40 |
| 4    | W   | 47    | 3776      | Rixe, Anja                        | Team Nionex               | 1:36:01     | 1:35:28    | 7        | W35 |
| 4    | W   | 48    | 3528      | Lauricks, Ingrid                  | Viermärker LG Dortmund    | 1:35:38     | 1:35:34    | 1        | W65 |
| 4    | W   | 49    | 3616      | Franz, Sigrid                     | Paderborn                 | 1:36:19     | 1:36:09    | 8        | W35 |
| 4    | W   | 50    | 3779      | Kolar, Miriam                     | Hochschulsport münster    | 1:36:58     | 1:36:38    | 7        | W30 |
| 4    | W   | 51    | 3513      | Schulte-Braun, Sandra             | LG Südsauerland           | 1:37:02     | 1:36:50    | 9        | W35 |
| 4    | W   | 52    | 3716      | Wienke, Jette                     | Lc Solbad Ravensberg      | 1:37:18     | 1:37:11    | 8        | WHK |
| 4    | W   | 53    | 3970      | Thieme, Miriam                    |                           | 1:37:50     | 1:37:13    | 9        | WHK |
| 4    | W   | 54    | 3539      | Pundt, Dagmar                     | SC Herringhausen          | 1:37:39     | 1:37:21    | 15       | W40 |
| 4    | W   | 55    | 3537      | Natemeyer, Elke                   | SC Herringhausen          | 1:37:39     | 1:37:21    | 16       | W40 |
| 4    | W   | 56    | 3507      | Neufeld, Ulrike                   | Sportler f.d.Frieden      | 1:38:00     | 1:37:44    | 17       | W40 |
| 4    | W   | 57    | 3630      | Winkelmann, Ulrike                | Bellzett                  | 1:38:45     | 1:38:38    | 4        | W50 |
| 4    | W   | 58    | 3997      | Seelhöfer, Simone                 | Aschelohrer Gipfelstürmer | 1:39:40     | 1:39:28    | 8        | W30 |
| 4    | W   | 59    | 3566      | Behr, Angela                      | Meerubsch                 | 1:40:37     | 1:39:59    | 10       | W35 |
| 4    | W   | 60    | 2530      | Kleine-Böse, Helga                |                           | 1:40:19     | 1:40:01    | 18       | W40 |
| 4    | W   | 61    | 3672      | Kettelhoit, Gaby                  | TV Verl                   | 1:40:52     | 1:40:32    | 8        | W45 |
| 4    | W   | 62    | 3642      | Mayer-Gürr, Ulugül                | TSVE 1890 Bielefeld       | 1:40:52     | 1:40:43    | 2        | W55 |
| 4    | W   | 63    | 3663      | Kusch, Petra                      | TV Verl                   | 1:41:04     | 1:40:44    | 9        | W45 |
| 4    | W   | 64    | 3714      | Schlüter, Gundi                   | Bellzett                  | 1:41:58     | 1:41:51    | 11       | W35 |
| 4    | W   | 65    | 3700      | Kostevski, Stefanie               | SW- Sende                 | 1:43:37     | 1:43:01    | 9        | W30 |
| 4    | W   | 66    | 3795      | Van Hoeken, Margretha             | TV Verl                   | 1:43:30     | 1:43:11    | 10       | W45 |
| 4    | W   | 67    | 3872      | Müller, Kirsten                   | Sf Sennestadt             | 1:45:14     | 1:44:51    | 10       | WHK |
| 4    | W   | 68    | 3766      | Johnson, Alana                    | Versmold                  | 1:46:04     | 1:45:34    | 1        | WJB |
| 4    | W   | 69    | 3665      | Euskirchen, Simone                | Bielefeld                 | 1:45:58     | 1:45:46    | 10       | W30 |
| 4    | W   | 70    | 3622      | Plöger, Julia                     | Bielefeld                 | 1:47:09     | 1:47:03    | 11       | WHK |
| 4    | W   | 71    | 3632      | Schwarz, Katrin                   | Oerlinghausen             | 1:52:57     | 1:52:24    | 19       | W40 |
| 4    | W   | 72    | 3597      | Koschorreck, Anja                 | Bielefeld                 | 1:58:08     | 1:57:28    | 11       | W30 |

Handbiker 10 Meilen

| Lauf | M/W | Platz | Start-Nr. | Name                | Verein/Ort              | Zeit Brutto | Zeit Netto | Platz AK | AK  |
|------|-----|-------|-----------|---------------------|-------------------------|-------------|------------|----------|-----|
| 5    | M   | 1     | 2952      | Foppe, Hubert       | Rehateam Maul           | 0:36:07     | 0:36:07    | 1        | MHB |
| 5    | M   | 2     | 2951      | Tegelbeckers, Peter | Ahorn panther paderborn | 0:37:36     | 0:37:36    | 2        | MHB |
| 5    | M   | 3     | 2601      | Jungnitsch, Linus   |                         | 0:39:09     | 0:39:09    | 3        | MHB |
| 5    | M   | 4     | 2953      | Kreinberg, Jörn     | Hamburg                 | 0:42:00     | 0:42:00    | 4        | MHB |